



FIRESENSE PROGRAM

YOUTH FIRESETTING PREVENTION AND INTERVENTION

UNTIL HELP ARRIVES

The Norfolk County District Attorney's Office is proud to offer this critical safety training to the towns and cities of Norfolk County. "Until Help Arrives" was created by the Federal Emergency Management Agency and can be tailored by FireSense to bring a unique training to high schools, Council on Aging's, civic groups (Rotary Club, Free Mason, etc) and many more.

WHAT CAN YOU DO BEFORE HELP ARRIVES?

Call 9-1-1

- Don't assume someone else has already done so
- 911 operators are highly trained and will help you
- Let them coach you through the life-threatening situation

Stay Safe

- Assess the situation: pause and use all available senses
- Decide whether to stay and help, grab the injured and get to safety, or get yourself to safety

Stop the Bleeding

- Apply steady, firm pressure on the source of bleeding until first responders arrive
- If you can't control the bleeding with manual pressure, consider a tourniquet

Position the Injured

- Lay the injured on their side, legs slightly bent, with bottom hand reached outward and head resting near hand
- Raise the chin forward with mouth pointed downward

Provide Comfort

- Share names and ask basic questions
- Tell them what you know happened, but do not speculate
- Keep them warm and offer a hand to hold

TO SIGN UP, contact Community Outreach Director Kristy MacDougall via email at Kristy.A.MacDougall@mass.gov or call 781.830.4892

JASON T. O'BRIEN, Program Director

Email: jason.obrien@mass.gov

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45 Shawmut Road | Canton, MA 02021

P: 781.830.4892

F: 781.830.4801